

# MCMMSA

## Newsletter

Fall 2011

### CO-PRESIDENTS' MESSAGE

As Co- Presidents of the Mahoning County Medical Society Alliance (MCMMSA), we would like to invite you to either renew your membership or consider joining the Alliance. We have a busy and exciting year ahead as you can see by our tentative schedule of events. Our charities for the year are the Second Harvest Food Bank Backpack Program and the Midlothian Free Health Clinic. All money we earn will stay right here in our community. There is more information about these charities in this newsletter. We will also gather donations of needed items for other worthwhile causes at special events for the general membership, as noted in the schedule of events.

Please realize that your dues will help support us in our fundraising efforts. Even if you cannot attend any of our events, your membership dues help to sustain the organization. Remember, we are an organizational network of physicians' spouses who care about the future of medicine. We are also a volunteer organization committed to improving public health, providing financial support to medical students, and keeping informed of medical news and legislation.

Join us as we make new friends and renew old friendships at our new member's luncheon and reunion on October 19<sup>th</sup> at member Anita Gestosani's home in Canfield. It promises to be a fun and informative event. It is a FREE luncheon with speaker Marsha Karzmer talking about her book *How Old Is Beautiful?*. There will be books available for purchase also. So be on the lookout for your invitation and bring your qualified member friends.

### Midlothian Free Clinic

The Midlothian Free Health Clinic was established as a direct result of the efforts of Rev. Robert Johnson and members of his congregation at the Bethlehem Lutheran Church at 388 East Midlothian Blvd. They were asking church members about their needs in daily living. Medical care was designated as the major deficiency targeted by the responses. The overall consensus was that members of the congregation and their neighbors were in desperate need of medical care, but many were unable to afford it, hence the birth of the Midlothian Free Clinic. The population targeted has been anyone between the ages of five years and 65 years old, with no health insurance or health assistance eligibility. Verification of financial status/health insurance coverage is obtained prior to providing any services.

The clinic is classified as a non-profit 501(C)(3) and registered with the IRS as a tax exempt entity.

At present, the clinic is open the second and fourth Thursdays of each month, from 6-10 P.M.. There are volunteers who provide clerical services, arranging referrals, on-site social services, and nursing care. The first day of patient care was on March 27, 2008. They now average about 45-50 patients per day. It is important to note that the clinic provides primary care services, but tries not to duplicate services already available elsewhere in the community. Physicians staffing the clinic are not responsible for following these patients in the hospital. Many retired and active local Physicians volunteer their time and expertise at the clinic. Patients are linked with existing programs to fit their individual needs. EKGs can be done and lab work drawn. The HMHP Dental van comes on the third Thursdays of the month and parks for dental care.

The united enthusiastic goal of all is to simply help those less fortunate. Patient satisfaction has been overwhelming. It is a winning situation for all involved.

There is an OPEN HOUSE on October 12<sup>th</sup> from 5-7pm at the Clinic. Come and check them out!!!

The Midlothian Free Health Clinic has a website under construction, so check it out soon!

<http://midlothianfreehealthclinic.org>

*Paula and Shelley*

## OSMA-A Fall Focus

This year the Ohio State Medical Association Alliance Fall Focus was held in Akron, Ohio at Portage Country Club. Alliance Co-presidents Paula Jakubek and Shelley Duffett attended along with Vice President Katie Altenhof and State Vice President Carol Sankovic. Reports of activities of the counties, guest speakers, and tours of local venues were all part of the agenda.

The Mahoning delegation also made a side trip to shop at West Point Market. OSMA Immediate Past President, Dr. Richard Ellison was guest speaker for the evening meeting which was held at Fairlawn Country Club.

The Fall Focus ended with lunch at the O'Neil House, a bed and breakfast which was the former home of the O'Neil family of O'Neil's department store. Next year Fall Focus will held in Youngstown for the first time in about twenty years. Anyone interested in helping on the event contact Carol Sankovic at [ccpdr4@aol.com](mailto:ccpdr4@aol.com).



Carol Sankovic, Patti Kaminski & Katie Altenhof attend OSMA-A Fall Focus



Dedication of Garden of Hope, Akron Children's Hospital of the Mahoning Valley

Now you can get Alliance news on the Mahoning County Medical Society website,  
[www.mahoningmed.org](http://www.mahoningmed.org).  
The Alliance has its own page. Just click on the "Alliance" tab.

## T.W.I.G.S.

Several members met on September 28<sup>th</sup> to construct Halloween crafts for the patients at Akron Children's Hospital Mahoning Valley. Children will be surprised to find a lime green popsicle stick spider web to create, adorned with cute spiders and pumpkin ornaments. Jenna Cicchillo was the hostess who planned the fun crafts and provided a fall lunch of chicken salad croissant sandwiches with fruit and beverages.

The 48 craft kits were delivered to the volunteer office along with a stack of coloring books for the children. Other Alliance members who participated were Paula Jakubek, Cassi Calderon, Carol Sankovic, Tammy Engle, and Sue Berny.



The next meeting will be held the last week in October at Conference Room D, Building D with Cassi Calderon serving as hostess.

November crafts will be provided by Tammy Engle. All Alliance members are invited to share in this worthwhile project. It takes about one hour a month of your time and brings much joy to patients when the circus wagon appears at their door offering them a free craft to construct.

## Upcoming Events

October 19<sup>th</sup> at 10 A.M. — *New Member Luncheon at the home of Anita Gestosani*

November 11<sup>th</sup>—*SOCIAL (husbands invited) at Culinary Arts Institute on Friday evening from 7 P.M.-12A.M. Cozze Lounge Cocktail Night.*

*Cost is \$25/person. Heavy appetizers and you can move around and visit. \*Please contact Culinary Arts Center directly to make reservations\**

*Culinary Arts Center, 492 McClurg Rd, Boardman, OH 44512 Phone: 330-965-5899, Fax: 330-965-1318 Email: [infocac@culinaryac.com](mailto:infocac@culinaryac.com)*

*November—Holiday cookie/kolachi/treats ordering for delivery in December (order sheets will be available)*

*November—Blazed and Bedazzled for an afternoon of fun. Date TBA*

*December 7<sup>th</sup> - Holiday party at Shelley Duffett's home*

# Mahoning County Medical Society Alliance

Once again it is time to pay our dues 2011-2012

According to By-Laws, we are required to pay Local dues. State and National dues and charitable donation are optional.

Local	\$25.00
State	\$30.00
National	\$50.00
Charitable Donation	\$10.00

This year's charitable donation of \$10.00 will be donated to Midlothian Free Clinic and Second Harvest Backpack Program.

Member classes are: (Local Dues) (For State and National see above)

Regular/Assoc. Member	\$25.00
Resident physician spouse	\$15.00
Widow/Retired	\$20.00

**Deadline Date for dues collection is October 26, 2011** Late fee- \$5.00

Please update changes (address /phone/email) for future Telephone Directory

Make check payable to: MCMSA Check # \_\_\_\_\_

Name \_\_\_\_\_ Local Dues: \_\_\_\_\_  
Address \_\_\_\_\_ State Dues: \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ National: \_\_\_\_\_  
Phone \_\_\_\_\_ Charity: \_\_\_\_\_  
E-mail \_\_\_\_\_ Total: \_\_\_\_\_

Would you prefer e-mail newsletters and meeting notices or postal mailings?

Email \_\_\_\_\_ Postal Mailing Spouse  
Name \_\_\_\_\_ MD \_\_\_\_\_ DO \_\_\_\_\_  
Physician Specialty \_\_\_\_\_ Active Staff \_\_\_\_\_ Retired \_\_\_\_\_  
Hospital Affiliation \_\_\_\_\_ Deceased \_\_\_\_\_

Detach and Mail to:

Tammy Engle  
8677 Four Seasons Trail  
Poland, Ohio 44514



# Second Harvest Food Bank of the Mahoning Valley BackPack Program



- In the Mahoning Valley, 29,656 children live in poverty.
- In some of our local school districts, 80-90% of the children are eligible for free and/or reduced meal programs.

The BackPack Program is a national program of Feeding America™. The program is designed to meet the needs of hungry children at times when other resources are not available, such as weekends and school vacations. Backpacks are filled with child-friendly, non-perishable, easily-consumed and vitamin-fortified food.

Second Harvest Food Bank of the Mahoning Valley currently operates three BackPack Programs in the Mahoning Valley.

- Each Friday during the school year, the Food Bank supplies 300 children in our community with food to eat over the weekend.

## BackPack Program Most Needed Food Items

- Kid friendly food that requires no preparation that kids can "open and eat"
- Single Serving Cereal Boxes/Bowls
- Shelf Stable Milk
- 100% Juice Boxes
- Fruit Snacks
- Animal Crackers
- Granola Bars
- Pudding Cups
- Fruit Cups
- Single Serving Boxes of Raisins
- Single Serving Applesauce
- Pop-top Cans (beans & franks; chicken & noodles)
- Single Serving Crackers